

Sustainable Living in your Residence Hall

UConn Office of
Sustainability





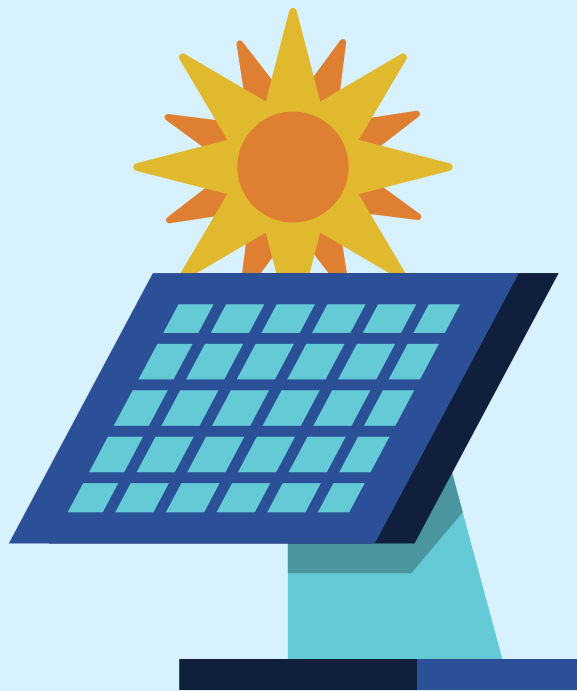
Why is sustainability important?

While people often associate sustainability with just environmental conservation, there are a variety of social and economic components as well! It is about the health of our communities and the people we care about.

Energy Conservation

- Ride your bike and walk when possible
- Unplug appliances when not in use
- Shut off your lights when you leave your room
- Use a power strip so turning off your electronics is easy
- Try hanging your clothes to dry instead of using a dryer
- Keep windows closed when the heat is on

Did you know that UConn purchases 100% renewable energy to power the regional campuses?



Water Conservation

- Report any leaks to Facilities at 860-486-3113
- Try taking shorter showers with cold water
- Use a reusable water bottle when possible
- Only wash full loads of laundry

Did you know that UConn takes its water from local rivers like the Fenton?



Recycling and Waste Reduction

- Be mindful of overconsumption
- Avoid excess packaging when shopping
- Do not recycle items contaminated with excess food or grease
- Receptacles are available in the Union, Co-Op, and Homer D. Babbidge for old cell phones, ink cartridges, and rechargeable batteries

Did you know that UConn is on a single stream recycling program?



Environmental Toxins

- Use safe, natural body products if possible (Burt's Bees, JASON, Lush are examples)
- Try having some plants in your dorm room- snake plants are easy
- Eating organically can reduce the amount of fertilizer used

100%
ORGANIC



To learn more:

- Visit: <https://sustainability.uconn.edu/>
- Join some environmental related clubs and organizations like Spring Valley Student Farm
- Follow the Office of Sustainability on Instagram and Facebook
 - @uconnos

